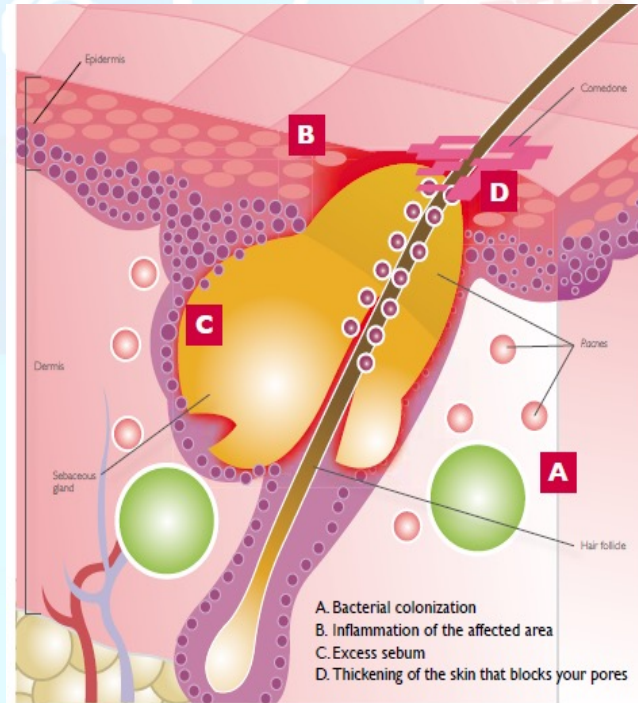
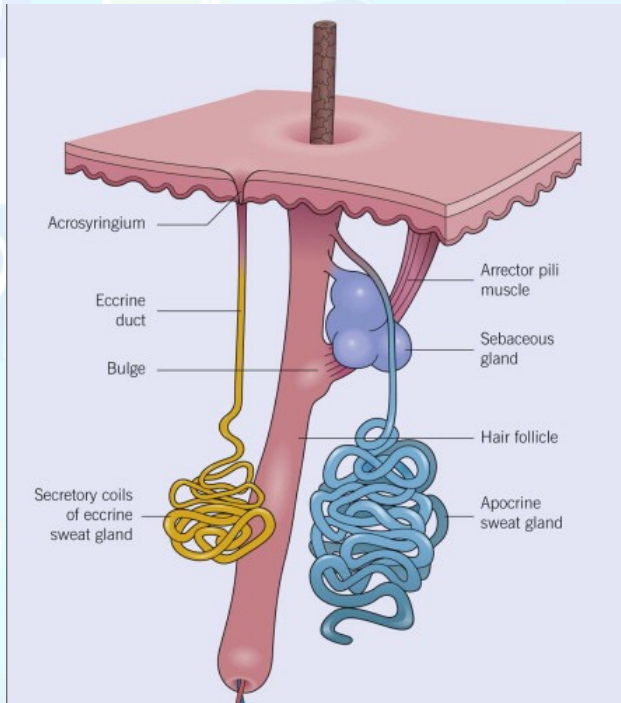


暗瘡

- 最常見的油脂腺皮膚病



暗瘡流行病學

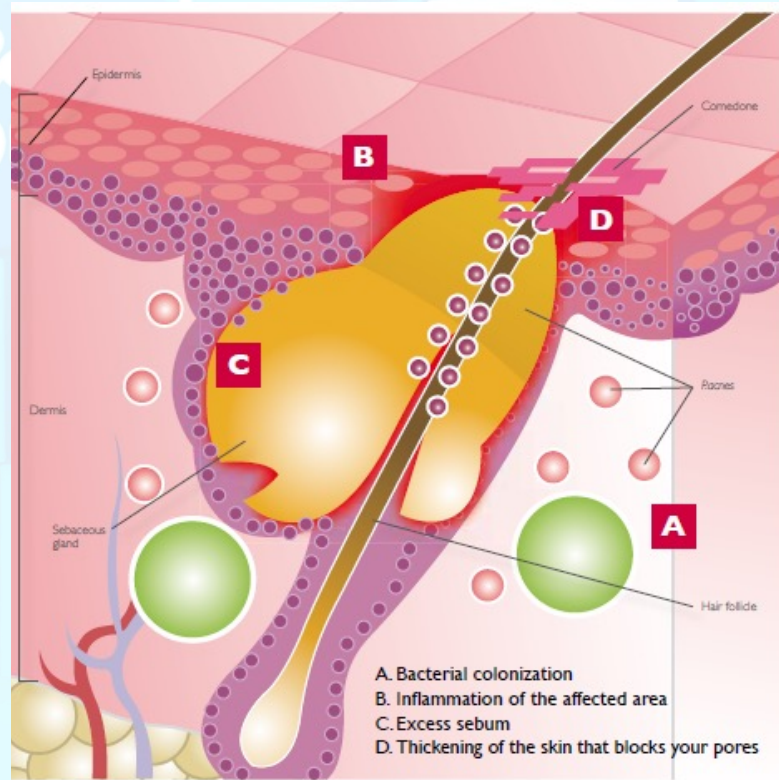
Age 15-25, prevalence of **91.3%**
(self- reported out of 522 interviewee)

- 52.2% suffering Acne at time of interview
- 53.6% boys and 50.8% girls
- 52.6%-acne scar/pigmentation

A community-based epidemiological study of acne vulgaris in Hong Kong adolescents.
C.K. Yeung et al. Acta Derm Venereol 2002; 82:104-107

暗瘡誘發因素

- 生活習慣
- 飲食失衡
- 皮膚管理
- 荷爾蒙改變
- 月經失調 - 卵巢多囊症



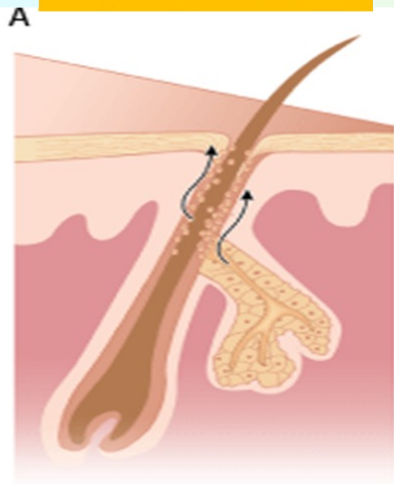


暗瘡治療原則
減少發炎紅腫及疼痛症狀
減少疤痕形成

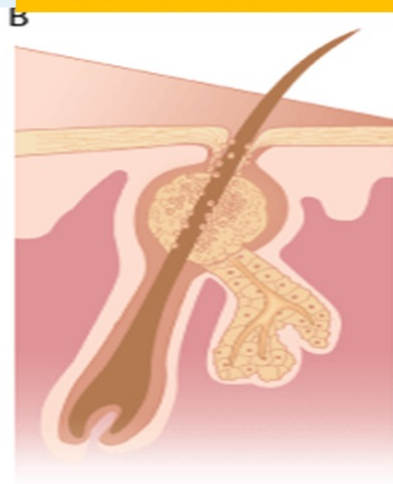
暗瘡治療原則

減少發炎，減少疤痕形成

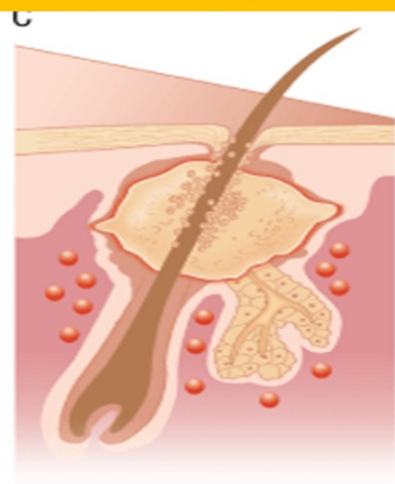
角質層堵塞



過多油脂分泌



痤瘡、細菌增多



發炎紅腫

